



LOAVES & FISHES

Groceries for Neighbors in Need



**Friendship
Trays**

Meals on Wheels of
Charlotte-Mecklenburg

FOR LOAVES & FISHES AND FRIENDSHIP TRAYS DONATIONS ONLY

LOAVES & FISHES

Home delivery of groceries to food-insecure neighbors in Mecklenburg County who are referred to Loaves and Fishes as having a need.

- Canned Meat (tuna, chicken, etc.). Pop top preferred
- Canned Fruit (low sugar or in juice)
- Pastas (canned or dry boxed)
- Diapers (sizes 3, 4, 5 and larger)
- Low Sodium Canned Vegetables
- Peanut Butter

FRIENDSHIP TRAYS

Delivery of meals to seniors in the community living on their own and to adult and child daycares.

Provides nutritious, easy to heat food and a visit from a community member to seniors living alone.

- Gluten Free, Individually Wrapped Items (like granola bars)
- Sugar Free, Individual Pudding Cups
- Low Sugar, Individual Fruit Cups
- Individual Vegetable Cups

• NO TRASH OR RECYCLING

- Please do not drop off items that are not requested above
- Please - no glass containers

Questions? Email Rev. Allysen Schaaf: allysen.schaaf@sardis.org